

4th Annual Suicide Awareness & Prevention 5K

Torrance County



Although public health restrictions related to Covid-19 have relaxed, the event will have a virtual option. Since the early days of the Covid-19 pandemic, our world is seeing increased use of alcohol and other drugs, as well as incidences of domestic violence and suicide. As a global community, we need to do more to help our brothers and sisters who are in pain.

Depression and the thoughts that lead to suicide do not discriminate. No sector of the community that is immune to the pain caused by suicide. It doesn't matter if you are young or old, rich or poor, or your race.



Co sponsored by:

**Torrance County DWI
Prevention Program**

&

**Torrance County Domestic
Violence Program**

Register here:



TCDWIPP Phone: (505) 705-0332
Special thanks to the Independent
for being a co-sponsor

Virtual Event: September 1-30, 2021

The purpose and mission of the Torrance County Suicide Awareness and Prevention 5k is to increase awareness, strengthen community, and provide resources and support for our neighbors in need. We want those who are hurting to know that they are not alone. Won't you join us?

In-Person*:
Sun, Sept 19, 10 am - 2 pm
"Suicide Prevention and Embrace Life Celebration"
**Not traditional 5K, Hotdogs, chips, water! Many
organizations! Disc jockey!
Games & Activities!**

*PLEASE NOTE: In the event there is a public health order in effect that makes it impossible to host all live events, all in-person registrations will convert to virtual registrations.

Thank you so much for your support!!